



CCSEM has offices in seven different locations throughout the six counties of southeast Michigan.

**LAPEER COUNTY**

Lapeer Market Place Mall – Upper Level  
700 South Main Street, Suite 211  
Lapeer, MI 48446  
810-664-4646 • Fax 810-664-5181

**MACOMB COUNTY**

15945 Canal Road  
Clinton Township, MI 48038  
586-416-2300 • Fax 586-416-2311

**MONROE COUNTY**

25 South Monroe Street  
Monroe, MI 48161  
734-240-3850 • Fax 734-240-3863

**OAKLAND COUNTY**

715 North Lapeer Road  
Lake Orion, MI 48362  
248-693-7526 • Fax 248-693-2426

1424 East Eleven Mile Road  
Royal Oak, MI 48067  
248-548-4044 • Fax 248-548-9239

1370 North Oakland Boulevard, Suite 105  
Waterford, MI 48327  
248-666-8870 • Fax 248-666-5023

**ST. CLAIR COUNTY**

2601 Thirteenth Street  
Port Huron, MI 48060  
810-987-9100 • Fax 810-987-9105

**MISSION**

Compelled by the love and teachings of Jesus Christ, Catholic Charities of Southeast Michigan provides compassionate, quality, professional services and support to people in need.

**VISION**

CCSEM strives to be the organization of choice for people in need, transforming lives, encountering Christ, and mobilizing hope in our community.

**VALUES**

CCSEM holds foremost that all our actions and efforts will be modeled after Jesus Christ and in conformity to the teachings and values of the Catholic Church.

**Dignity of Human Life:** We act with respect, kindness, and hospitality to all persons who come to us for assistance

**Compassion:** We hold a deep awareness of the suffering of others, accompanied by the desire to relieve their pain.

**Integrity:** We can be trusted to deliver our services with conviction, courage, and transparency.

**Professionalism:** Our professional staff and volunteers conform to the highest ethical standards and quality of services measured by the licenses and accrediting of our employees and programs.

**Transformational:** We endeavor to transform the lives of the people we serve by tracking measurable outcomes of improvement.

855-88-CCSEM (22736)

info@ccsem.org

www.ccsem.org

 www.facebook.com/ccsem

 @ccsemichigan

# Counseling and Support Services for Adults, Children, and Families



Providing Help. Giving Hope.  
ccsem.org



## CCSEM Behavioral Health Services

Licensed, accredited, and offering services to all, regardless of religion, race, or economic status, Catholic Charities of Southeast Michigan (CCSEM) provides quality mental health services to children, teens, adults, and families in a caring, professional environment. Services are available at seven office locations.

CCSEM Behavioral Health Services provided help and gave hope to nearly 4,000 clients in 2016. Our offices are staffed with master's-level clinicians and are licensed by the State of Michigan. CCSEM is also a Medicaid and Medicare provider offering psychiatric services to clients who cannot find a psychiatrist accepting Medicaid.



CCSEM Behavioral Health Services are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Reflecting a profound respect for human life at all stages and with a strong commitment to enhance family life, CCSEM is a nonprofit organization providing dozens of services to individuals and families. CCSEM annually assists more than 20,000 people of all faiths, races, and cultures throughout the region.

## Behavioral Health Services

Professional counseling can help change painful or destructive ideas, behaviors, or relationships and promote positive mental, spiritual, physical, and emotional well-being. CCSEM therapists focus on addressing issues to allow individuals and families to realize their full potential and bring greater happiness into their lives. Our services address and attempt to resolve issues hindering or disrupting life at work, school, and home. We work with each individual, couple, and family to develop their own unique goals.

CCSEM therapists can help with:

- Abusive behaviors
- Addictive behaviors
- Anger management
- Anxiety
- Caregiver stress
- Childhood and adolescent challenges
- Attention deficit disorders
- Bullying
- Chronic illness adjustments
- Court-ordered counseling
- Depression
- Domestic violence
- Family therapy
- Grief and loss
- Marriage and couples counseling
- Men's issues
- Obsessive compulsive disorder
- Older adult counseling services
- Post-traumatic stress
- Pre-marriage counseling
- Relationship conflicts
- Self-injury
- Stress management
- Substance use disorders
- Teen counseling
- Women's issues
- Workplace and industry-related issues



## Child and Youth Services

Young people often do not have the words to express what is troubling them. Our licensed clinicians are trained to work with children and adolescents, using a variety of techniques to make them feel comfortable. We provide direction to parents about how to handle family crises to help them resolve their issues and strengthen their family. For clients in treatment with our clinicians, and in cases where medication is needed, we offer psychiatric services from a board-certified child and adolescent psychiatrist.

## Substance Use Disorders

Our Behavioral Health Services operate State of Michigan-licensed substance abuse treatment for those suffering varying degrees of substance abuse. We offer individual and group treatment options. We provide a comprehensive treatment program consisting of individual and group therapy as well as psychiatric services for those suffering from a mental health or substance abuse diagnosis. Other services include substance abuse disorder evaluations for court and evaluations for driver's license reinstatements.