

Adult Day Health Services

Support for Caregivers and Their Loved Ones

Caring for a family member who is memory-impaired or physically frail? You are not alone!

Since 1983, Catholic Charities of Southeast Michigan has provided supervised daytime care and activities for adults who are forgetful, confused, or physically frail and need loving, supervised assistance during the day. Caregivers find much needed time and support services to cope with the changes and challenges of life.

- Two convenient locations in Macomb and Oakland counties
- Open Monday through Friday with extended hours available for working caregivers
- Flexible schedules and rates
- Activities, meals, bathing, and incontinence care
- Warm, homelike, Christ-centered environment
- Wheelchair accessible transportation available



Providing Help. Giving Hope.
ccsem.org



Adult Day Health Services Locations

3300 S. Adams Road
Auburn Hills, MI 48326-3304

Contact **Holly Snodgrass** at:
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St. Clair Shores, MI 48081-1917

Contact **Nikki Harvey** at:
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