Adult Day Health Services
Support for Caregivers and Their Loved Ones

Caring for a family member who is memory-impaired or physically frail? You are not alone!

Since 1983, Catholic Charities of Southeast Michigan has provided supervised daytime care and activities for adults who are forgetful, confused, or physically frail and need loving, supervised assistance during the day. Caregivers find much needed time and support services to cope with the changes and challenges of life.

- Two convenient locations in Macomb and Oakland counties
- Open Monday through Friday with extended hours available for working caregivers
- Flexible schedules and rates
- Activities, meals, bathing, and incontinence care
- Warm, homelike, Christ-centered environment
- Wheelchair accessible transportation available

Adult Day Health Services Locations

3300 S. Adams Road
**Auburn Hills**, MI 48326-3304
Contact **Holly Snodgrass** at:
**248-537-3300** ext. 3803
snodgrassh@ccsem.org

27113 Harper Avenue, Suite B
**St. Clair Shores**, MI 48081-1917
Contact **Nikki Harvey** at:
**586-412-8494** ext. 4014
harveyh@ccsem.org