

Caring for the Caregiver

Help for Alzheimer's

Caring for memory-impaired loved ones can be a full-time job. For many, it is. Caregivers need support and information.

- Free gathering sponsored by Catholic Charities of Southeast Michigan Adult Day Health Services in collaboration with Henry Ford Health Systems
- Communication tips and resources for caregivers
- Focus on the care and dignity of individuals



Guest presenter

Stephanie Aldridge

Home Instead Senior Care

Wednesday, September 28, 2016

6:00 pm to 7:30 pm

Light refreshments served

Our Lady of Grace Social Hall

26262 Ryan Road

Warren, MI 48091

Space is limited!

Please **RSVP** to Trista Johnson
by calling **248-559-1147 ext. 3941**
or by email: johnsont@ccsem.org



Providing Help. Giving Hope.
ccsem.org

