

# Encore

## Remarriage Workshops

### Considering getting married again?

Catholic Charities of Southeast Michigan (CCSEM) can help you and your future spouse welcome Christ into your union, improve your communication skills, and position your relationship to grow stronger over time!



Adhering to Church teachings and led by **Dr. Janusz Wrobel**, a skilled CCSEM therapist, **Encore** remarriage workshops focus on replacing communication styles from the previous relationship with new ones based on trust and friendship. Couples bringing children into their new union will benefit from additional content on addressing issues that can arise in a blended family and talking with children about the pending marriage.



#### About the facilitator

### Dr. Janusz Wrobel PhD, LLP, LPC

has served as a psychotherapist with Catholic Charities of Southeast Michigan since 2008. His expertise in mental health counseling with adolescents and adults includes therapy for anxiety, depression, substance abuse, and self-esteem issues. Dr. Wrobel also

works with couples, facilitates family and marital therapy, offers immigrant stress support, and provides Christian counseling.

His treatment philosophy is based on his belief that genetic predisposition is not a destiny but is a risk. "I believe in the freedom to shape our fate and that we have the power of refusing to be a toy of fate," said Wrobel. "One's responsibility for choices, heroism of admitting mistakes, and wisdom of learning from those mistakes creates the basic ingredients of apt use of the freedom given us by God. Our weaknesses are not our destiny – the boldness of overcoming them is."

Dr. Wrobel's professional history includes serving with the IMPACT Employee Assistance Work/Life Program, Evergreen Counseling, Change Is Possible Counseling Services, North Suburban Counseling Associates, Oakland University Graham Counseling Center, Polish Psychological Clinic, Metro Medical Practice, and Balance and Harmony Counseling.

Dr. Wrobel is the author of **Contact: The Tale of Human Longing for Fulfilling Communication** and **Language and Schizophrenia**.

### The next **Encore** workshop is **Saturday, October 22, 2016**.

A four-hour session for all couples starts at 10:00 am with a 30-minute lunch break at noon and concludes at 2:30 pm.

An additional two-hour session for couples with children continues from 3:00 to 5:00 pm.

All sessions are at CCSEM in Royal Oak at 1424 East 11 Mile Road.

The cost for the four-hour session is \$160, with a total of \$200 for the extended session for couples with children.

To learn more and register, call **248-548-4044 ext. 3100** or email [youngbloodb@ccsem.org](mailto:youngbloodb@ccsem.org).

**SAVE THE DATE** for the next **Encore** workshops at CCSEM's location in Royal Oak: **Saturdays in 2017** – January 28, April 8, September 9 and December 2.