



Counseling and Support Services for Adults, Children, and Families in Oakland and Macomb Counties



Providing Help. Giving Hope.
ccsem.org

CCSEM Behavioral Health Services in Oakland and Macomb Counties

Licensed, accredited, and offering services to all, regardless of religion, race, or economic status, Catholic Charities of Southeast Michigan (CCSEM) in Oakland and Macomb counties provides quality mental health services to children, teens, adults, and families in a caring, professional environment. Services are available at four office locations.

CCSEM Behavioral Health Services provided help and gave hope to nearly 1,600 clients in 2015. Our offices are staffed with master's-level clinicians and are licensed by the State of Michigan. CCSEM is also a Medicaid and Medicare provider offering psychiatric services to clients who cannot find a psychiatrist accepting Medicaid.



CCSEM Behavioral Health Services are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Reflecting a profound respect for human life at all stages and with a strong commitment to enhance family life, CCSEM is a nonprofit organization providing dozens of services to individuals and families. CCSEM annually assists more than 20,000 people of all faiths, races, and cultures throughout the region.



"We passionately believe through Christ nothing is impossible, every person has dignity, and we embrace every opportunity to value and transform lives."

– Jason Shanks, Chief Executive Officer
Catholic Charities of Southeast Michigan

Behavioral Health Services

Professional counseling can help change painful or destructive ideas, behaviors, or relationships and promote positive mental, spiritual, physical, and emotional well-being. CCSEM therapists focus on addressing issues to allow individuals and families to realize their full potential and bring greater happiness into their lives. Our services address and attempt to resolve issues hindering or disrupting life at work, school, and home. We work with each individual, couple, and family to develop their own unique goals.

CCSEM therapists can help with:

- Abusive behaviors
- Addictive behaviors
- Anger management
- Anxiety
- Caregiver stress
- Childhood and adolescent challenges
- Attention deficit disorders
- Bullying
- Chronic illness adjustments
- Court-ordered counseling
- Depression
- Domestic violence
- Family therapy
- Grief and loss
- Marriage and couples counseling
- Men's issues
- Obsessive compulsive disorder
- Older adult counseling services
- Post-traumatic stress
- Pre-marriage counseling
- Relationship conflicts
- Self-injury
- Stress management
- Substance use disorders
- Teen counseling
- Women's issues
- Workplace and industry-related issues



Child and Youth Services

Young people often do not have the words to express what is troubling them. Our licensed clinicians are trained to work with children and adolescents, using a variety of techniques to make them feel comfortable. We provide direction to parents about how to handle family crises to help them resolve their issues and strengthen their family. For clients in treatment with our clinicians, and in cases where medication is needed, we offer psychiatric services from a board-certified child and adolescent psychiatrist.

Substance Use Disorders

Our Behavioral Health Services in Oakland and Macomb counties operate State of Michigan-licensed substance abuse treatment for those suffering varying degrees of substance abuse. We offer individual and group treatment options. Our Royal Oak and Waterford offices provide a comprehensive treatment program consisting of individual and group therapy as well as psychiatric services for those suffering from a mental health or substance abuse diagnosis. Other services include substance abuse disorder evaluations for court and evaluations for driver's license reinstatements.

Fee Assistance

No person is denied substance abuse services due to inability to pay. In situations where a client either does not have health insurance or is unable to pay the deductible, we offer a sliding fee scale for clinician services. In addition, CCSEM operates a graduate practitioner clinic in which advanced-year graduate students from local universities provide mental health and substance abuse treatment under the guidance of a licensed clinical supervisor. Our graduate practitioners see clients at a significantly reduced rate based on their income.



Behavioral Health Services are offered at the following locations:

Royal Oak Office

1424 E 11 Mile RD
Royal Oak, MI 48067-2026
248-548-4044
Fax: 248-548-9239
smithj@ccsem.org

Clinton Township Office

15945 Canal RD
Clinton Twp., MI 48038-1610
586-416-2300
Fax: 586-416-2311
chalmersd@ccsem.org

Lake Orion Office

715 N Lapeer RD
Lake Orion, MI 48362-1530
248-666-8870
Fax: 248-666-5023
reevek@ccsem.org

Waterford Office

1370 N Oakland BLVD, Suite 105
Waterford, MI 48327-1572
248-666-8870
Fax: 248-666-5023
reevek@ccsem.org

Hours: Monday–Thursday: 9:00 am to 8:00 pm
Friday: 9:00 am to 4:30 pm
Saturday: By appointment

To make an appointment, call or email your preferred office location.

Funding for CCSEM counseling and therapy services comes from multiple sources, including client insurance, fees for service, grants, government contracts, and donations.

For counseling and therapy services, CCSEM accepts insurance from all major providers, including Aetna, Blue Cross Blue Shield, Cofinity, Health Alliance Plan (HAP), HealthPlus, McLaren, Priority Health, United Behavioral Health, and others. CCSEM provides services through Medicare and also accepts several Medicaid HMOs.

Mission

Compelled by the love and teachings of Jesus Christ, Catholic Charities of Southeast Michigan provides compassionate, quality, professional services and support to people in need.

Vision

CCSEM strives to be the organization of choice for people in need, transforming lives, encountering Christ, and mobilizing hope in our community.

Values

CCSEM holds foremost that all our actions and efforts will be modeled after Jesus Christ and in conformity to the teachings and values of the Catholic Church.

Dignity of Human Life – We act with respect, kindness, and hospitality to all persons who come to us for assistance.

Compassion – We hold a deep awareness of the suffering of others, accompanied by the desire to relieve their pain.

Integrity – We can be trusted to deliver our services with conviction, courage, and transparency.

Professionalism – Our professional staff and volunteers conform to the highest ethical standards and quality of services measured by the licenses and accrediting of our employees and programs.

Transformational – We endeavor to transform the lives of the people we serve by tracking measurable outcomes of improvement.



“Jesus shows us the merciful patience of God so that we can regain confidence and hope — always!”

– Pope Francis



Providing Help. Giving Hope.
ccsem.org

855-882-2736

Email: info@ccsem.org



www.facebook.com/ccsem



[@ccsemichigan](https://twitter.com/ccsemichigan)



“The works of Catholic Charities of Southeast Michigan are works of mercy. We are an instrument of God’s love and mercy.”

– Allen H. Vigneron, Archbishop of Detroit
President, Catholic Charities of Southeast Michigan