



## CCSEM FUNDING

Funding for CCSEM counseling and therapy services comes from multiple sources, including client insurance, fees for services, grants, government contracts, and financial gifts from donors.

## FEE ASSISTANCE

CCSEM accepts the following insurance providers for counseling and therapy services:

- Aetna
- Blue Cross Blue Shield
- Cofinity
- Health Alliance Plan (HAP)
- HealthPlus
- McLaren
- Priority Health
- United Behavioral Health
- Others

In cases where a client either does not have health insurance or is unable to pay the deductible, we offer a sliding fee scale for our clinician services.

### MISSION

Compelled by the love and teachings of Jesus Christ, Catholic Charities of Southeast Michigan provides compassionate, quality, professional services and support to people in need.

### VISION

CCSEM strives to be the organization of choice for people in need, transforming lives, encountering Christ, and mobilizing hope in our community.

### VALUES

CCSEM holds foremost that all our actions and efforts will be modeled after Jesus Christ and in conformity to the teachings and values of the Catholic Church.

- **Dignity of Human Life** – We act with respect, kindness, and hospitality to all persons who come to us for assistance.
- **Compassion** – We hold a deep awareness of the suffering of others, accompanied by the desire to relieve their pain.
- **Integrity** – We can be trusted to deliver our services with conviction, courage, and transparency.
- **Professionalism** – Our professional staff and volunteers conform to the highest ethical standards and quality of services measured by the licenses and accrediting of our employees and programs.
- **Transformational** – We endeavor to transform the lives of the people we serve by tracking measurable outcomes of improvement.



Providing Help. Giving Hope.  
ccsem.org

1070 S. Telegraph Road  
Monroe, MI 48161-4056  
734-240-3850 ext. 2001  
klinskiw@ccsem.org

#### HOURS:

Monday – Thursday: 8:30 am to 9:00 pm  
Friday: 8:30 am to 4:30 pm



[www.facebook.com/ccsem](https://www.facebook.com/ccsem)



[@ccsemichigan](https://twitter.com/ccsemichigan)



Providing Help. Giving Hope.  
ccsem.org

# BEHAVIORAL HEALTH SERVICES

MONROE COUNTY



*"We passionately believe through Christ nothing is impossible, every person has dignity, and we embrace every opportunity to value and transform lives."*

Jason Shanks, Chief Executive Officer  
Catholic Charities of Southeast Michigan

## ABOUT US

Licensed, accredited and offering services to all, CCSEM in Monroe County provides quality mental health and substance abuse services to children, teens, adults, and families in a caring, professional environment regardless of age, race, religion, or economic status.

We are staffed with master's-level clinicians and licensed by the State of Michigan. All CCSEM therapists are credentialed as certified alcohol and addiction counselors or are receiving certification and supervised by credentialed counselors.



CCSEM Behavioral Health Services are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

## BEHAVIORAL HEALTH SERVICES

- Adolescent Substance Abuse Treatment
- Behavioral Health Services
- Case Management Program Specific
- Mental Health Counseling
- Peer Support Services
- Play Therapy Services
- Substance Abuse Counseling
- Supportive Visitation Services
- Women's Outreach Services
- Women's Specialty Services

## GROUP THERAPY SERVICES

- **ADDICTION & MY ADOLESCENT**  
Parent Group  
(Alongside Young Adult Recovery)
- **ANGER MANAGEMENT**  
Adult Group
- **EARLY INTERVENTION**  
FREE Group for Anyone  
Contemplating Substance Use Treatment
- **EMPOWERING WOMEN, ENHANCING RECOVERY**  
Recovery Group
- **HOPE FOR HEALTHY BABIES**  
Group for Expectant Mothers and Those with Dependent Children in Addiction
- **NURTURING PARENTING**  
Parenting Education Group
- **RECOVERY PLANNING**  
Group to Help and Maintain a Recovery Environment
- **S.M.A.R.T.**  
Peer-Run Recovery Support Group for Individuals Struggling with Addiction
- **STEP-UP TEENS**  
Adolescent Anger and Domestic Violence Group
- **THINKING MATTERS**  
Group with Cognitive Behavioral Approach to Improve Decision Making
- **TRAUMA, RECOVERY & EMPOWERMENT**  
Women Specific Treatment Group for Survivors of Rape, Sexual Assault, and Sexual Abuse
- **YOUNG ADULT RECOVERY**  
Ages 12-17 Substance Abuse Recovery Group  
(Alongside Addiction & My Adolescent)